

**DEMOGRAPHIC INFORMATION**

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ English Proficient? ☐ Yes ☐ No

Patient Phone Numbers: Mobile #: \_\_\_\_\_ Home#: \_\_\_\_\_ Alternate #: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_ Insurance ID #: \_\_\_\_\_

- ☐ Patient has had previous sleep testing (*Study report must be submitted if completed at another facility*)
- ☐ Previous sleep study completed but is unavailable

**SLEEP STUDY REQUESTED**

- ☐ **Polysomnography:** All night diagnostic sleep study (PSG) to evaluate for all sleep disorders.
- ☐ **PAP Titration\*:** Titrate positive airway pressure to optimal pressure level.  
Diagnosis confirmed by PSG. **Date of PSG:** \_\_\_\_\_

**SPECIAL NEEDS/ASSISTANCE (please specify)**

- ☐ Developmental disability:
- ☐ Mobility/functional disability:
- ☐ Medication/environmental allergies:

**INDICATION (suspected sleep disorder)**

- ☐ Sleep Apnea/Upper Airway Resistance Syndrome
- ☐ Periodic Limb Movement Disorder
- ☐ Restless Leg Syndrome

**SYMPTOMS (select at least two)**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Excessive daytime sleepiness                  | <input type="checkbox"/> Leg movements, jerks, cramps                         | <input type="checkbox"/> Poor school performance             |
| <input type="checkbox"/> Disruptive snoring                            | <input type="checkbox"/> Insomnia   | <input type="checkbox"/> Failure to thrive/growth impairment |
| <input type="checkbox"/> Frequent arousals/disturbed or restless sleep | <input type="checkbox"/> Sleep Walking  | <input type="checkbox"/> Polycythemia                        |
| <input type="checkbox"/> Witnessed apneas                              | <input type="checkbox"/> Bedwetting   | <input type="checkbox"/> Other:                              |
| <input type="checkbox"/> Labored breathing during sleep                | <input type="checkbox"/> Irregular breathing/pauses in breathing during sleep |  |
| <input type="checkbox"/> Enlarged tonsils/adenoids                     | <input type="checkbox"/> Aggressive behavior                                  |  |

**DOCUMENTED COMORBIDITIES & MEDICAL HISTORY**

- ☐ ADD/ADHD
- ☐ Seizures
- ☐ Neuromuscular disorder:
- ☐ Other:

**I acknowledge that the clinical information submitted to support this request is accurate and specific to this patient, and all information has been provided. I authorize submission of this information for precertification on my behalf.**

Ordering Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_ NPI: \_\_\_\_\_